



Lompoc Valley Distance Club

PO Box 694,
Lompoc CA 93438
members.impulse.net/~lvdc/



Wayne Davis	President	736-7177	Kent Yankee	Treasurer	733-0754
Julie Campos	Vice President	736-6255	Larry Huyck	Newsletter	291-7701
Betty Lee	Secretary	736-7380	Larry Huyck	Webmaster	291-7701

LOMPOC VALLEY DISTANCE CLUB MEMBERSHIP APPLICATION FOR 2016

SIX RACES SCHEDULED IN 2016

QUARTERLY MEETINGS

MONTHLY NEWSLETTERS

DISCOUNTS ON SOME RACES

(For Family memberships please list all names, age, and DOB for those who will participate in LVDC events.)

1. _____

LAST NAME	FIRST NAME	AGE	DATE OF BIRTH
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2. _____

3. _____

4. _____

ADDRESS	CITY	ZIP	PHONE
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E-MAIL ADDRESS: _____

Club Membership Application Waiver

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Lompoc Valley Distance Club, and all sponsors, their representatives and successors from all claims or liability of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons name in this waiver.

CHECK ONE BELOW:

- RENEWAL
- NEW MEMBER

(Please Circle One)
SINGLE/FAMILY
MEMBERSHIP \$15.00

Dues payable 1 January
Half price after 1 July

_____ SIGNATURE (SIGNATURE OF PARENT OR GUARDIAN IF UNDER 18)	_____ Date
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CHECK ONE BELOW:

- I prefer to receive my LVDC Newsletter
- Hard Copy
 - Email in PDF format (In color and with some links)

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|------------------------------|-----------------------|--------------------------------|
| Mar - Dr Trettin 5K | Jun - Parade Route 5K | Oct - Lizard Breath Fence Line |
| May - Ray Gil Mission 5K/10K | Jun - Half-Marathon | Dec- Chase Santa-Toys for Tots |