



Lompoc Valley Distance Club

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President	Julie Campos	1-805-216-1918	Treasurer	Kent Yankee	1-805-717-8738
Vice President	Wayne Davis	1-805-588-2934	Newsletter	Larry Huyck	1-805- 291-7701
Secretary	Irish Clark-Savage	1-805-733-4882	Webmaster	Larry Huyck	1-805- 291-7701

LOMPOC VALLEY DISTANCE CLUB MEMBERSHIP APPLICATION FOR 2019

7 RACES SCHEDULED IN 2019

QUARTERLY MEETINGS

MONTHLY NEWSLETTERS

DISCOUNTS ON SOME RACES

(For Family memberships please list all names, age, and DOB for those who will participate in LVDC events.)

<u>LAST NAME</u>	<u>FIRST NAME</u>	<u>AGE</u>	<u>DATE OF BIRTH</u>
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____

<u>ADDRESS</u>	<u>CITY</u>	<u>ZIP</u>	<u>PHONE</u>
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E-MAIL ADDRESS: _____ (please print)

Club Membership Application Waiver

CHECK ONE BELOW:

- RENEWAL
- NEW MEMBER

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Lompoc Valley Distance Club, and all sponsors, their representatives and successors from all claims or liability of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons name in this waiver.

SINGLE or FAMILY MEMBERSHIP is \$15.00

Dues payable 1 January
Half price after 1 July

SIGNATURE (SIGNATURE OF PARENT OR GUARDIAN IF UNDER 18)

Date

CHECK ONE BELOW:

- I prefer to receive my LVDC Newsletter
- Hard Copy
 - Email in PDF format (In color and with some links)

Mar - Dr Trettin 5K	May - Mission Memorial 5K/10K	Sep - Mission Trail 5K
Apr - Scott Williams 4mi	Jun - Parade Route Run	Oct - Lizard Breath Fence Line
Dec- Chase Santa-Toys for Tots		