

64th FLOWER FESTIVAL

PARADE ROUTE 1K Kids Run & 3K Fun Run/Walk

Saturday - 25 June 2016

LOMPOC, CA

COURSE: Flat asphalt streets closed to automobile traffic – to Ryon Park & back.

Registration: 7:30-8:30 AM in the Times Square Plaza at 511 North "H" Street. Parking available in the Lompoc Plaza near the Von's Gas Station approximately 1/2 block away.

Pre-registration: form is available on back of this flyer or at alhwed@msn.com. Event sponsored by Lompoc Valley Distance Club (LVDC). Go to their website at

<http://members.impulse.net/~lvdc/> for past & current events/results.

Events Start Time: 8:30 AM 1K Kid's Run
9:00 AM Adult Fun Run/Walk

Awards 1K Kids: 1st & 2nd Place Male and Female
Age Categories - 5 & Under, 6-8, 9-11

Awards Adult Run: 1st & 2nd Male and Female
Age Categories – 12 & Under

13-16	30-39	60-69
17-19	40-49	70-79
20-29	50-59	80-Plus

Awards Adult Walk: 1st & 2nd Male and Female

Costs: \$5 for 1K Kids Run and \$10 for Adult Fun Run/Walk

(Lompoc Valley Distance Club Members \$2 discount for 3K Run/Walk)

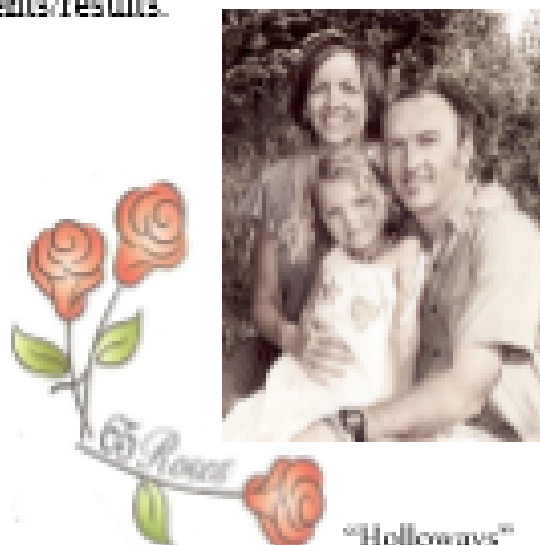
Purpose: To raise funds for Cystic Fibrosis. Cystic Fibrosis is a life-threatening genetic disease that affects the lungs and digestive system. More than 10 million Americans are symptomless carriers of the defective gene. Entry fees from event will be presented to the Foundation in the name of Mallory Mae Holloway born 1 June 2005. She was diagnosed with Cystic Fibrosis after her 2nd birthday. Her parents ran track: Matt for Lompoc High School, Allan Hancock, & Humboldt State University / Katrina for schools in Delaware & South Carolina University.

Parade and Flower Festival: The 64th Annual Flower Festival Parade starts at 10 AM near the start/finish area of the Run/Walk. Event is held at Ryon Park which includes carnival rides, daily entertainment, food booths, and art vendors. Go to <http://www.lompocvalleyfestivals.com/> for more info.

Theme of Flower Festival "All That Jazz"



Volunteers needed – Event Directors are Lee & Wayne Davis 805-735-7177 or email alhwed@msn.com.



"Holloways"
Katrina / Mallory / Matt

~ Entry Form ~

Flower Festival Parade Route Run/Walk

Make Checks to: Lompoc Valley Distance Club

Mail to: Wayne Davis – 500 South N Street, Lompoc, CA 93436

Event website: <http://members.impulse.net/~lvdc/>

Race Director Website: alhwed@msn.com

Last Name: _____ First Name : _____ Ph#: _____

Street Address _____ City _____ State _____ Zip _____

Date of Birth: (MM/DD/YY): _____ Age _____ Male _____ Female _____

Email Address (optional for event results): _____

See Event Flyer to fill out the following information

Entry Fee (\$2 discount for LVDC members): _____ Award Age Category: _____

Place an X in the event you are entering: 1K Kids Run: ____ 3K Run ____ 3K Walk ____

BIB NUMBER (to be filled out by registration) ____ ____ ____ ____

WAIVER: I realize that the event is physically strenuous, that there may be adverse weather, and there may be vehicles on the course. I wish to compete and assume the risks involved. I am in good health and I have trained adequately. I authorize the event to provide medical attention for me at my expense. I assume the risk of injury at the crowded start, or on the course. I give up any claims for injuries I sustain, including death, and agree to hold harmless the Lompoc Valley Distance Club, its Directors and Officers, employees and volunteers, suppliers, contractors, sponsors, the State of California, the City of Lompoc, and anyone connected with the event. I agree that the race may use photographs taken of me without compensation. I have read and understand all of this. I am making this agreement and paying my entry fee in exchange for the privilege of participating in the event and using the facilities provided.

SIGNATURE: _____ DATE: _____

(if under 18 yrs old)

PARENT/GUARDIAN SIGNATURE: _____ DATE: _____