

SATURDAY, SEPTEMBER 16th, 2017. 8:00 AM. 41st ANNUAL VALLEY OF FLOWERS HALF MARATHON/5K. LA PURISIMA MISSION. LOMPOC, CA

SOME HISTORY ABOUT THE VALLEY OF FLOWERS HALF-MARATHON

The Lompoc Valley Distance Club joined the Marathon craze sweeping the nation in the 1970's. The Valley of Flowers Half-Marathon came into being when the Full Marathon was started in 1976. This relationship continued for the next 21 years.

The initial course start and end location was at Lompoc Senior High School, and then in 1977 both moved to River Park. After several years, they moved back again to Huyck Stadium, and continued there for another 13 years until 1997 which was the last year the Full Marathon was held.

The Half continued drawing 13.1 runners at this location until it was moved to Vandenberg Air Force Base in 2002 under the directorship of Wayne Davis. The course ran on North Base and 2 years later started and ended at the Vandenberg Fitness Center. Normally the event took place in June, but in 2007 when it moved to La Purisima Mission under the direction of a new director, Betty Lee, it was rescheduled to September. The Half has remained at the Mission to this day but the date moved to June for 2016. After 9 years Betty Lee is turning over the event to Wayne Davis for 2017.



REGISTRATION & COURSE DETAILS

This Half-Marathon & 5K benefits the Nancy Perry Memorial Scholarship Fund. The Lompoc Valley Distance Club (LVDC) awards four \$500 scholarships each year – two for Cabrillo High and two for Lompoc High school students. The Valley of Flowers Half/5K has returned to September. The course begins and ends at the Visitor's Center of the La Purisima Mission Historical State Park. The course is hilly and very scenic with majestic views of the Lompoc Valley and the Mission. Race day packet pick up and race day registration starts at 7:00 AM. There will be no packet pick up prior to Saturday. Both the Half Marathon and the 5K events start at 8:00 AM, rain or shine. The course is closed at 12 Noon.

On-line registration is at Active.com (a link is available below) is open or you can download an entry form at the LVDC web site at <http://members.impulse.net/~lvdc/> (a link is available below) and send it to Valley of Flowers Half Marathon, PO Box 694, Lompoc CA 93438.

ENTRY FEES AND DEADLINES

Entry fees are: \$60 for the Half and \$30 for the 5K. Race day registration is \$70 for the Half and \$30 for the 5K. The entry fee includes refreshments, entry fee into La Purisima State Park, and a finisher's medal to all participants. A specially designed long-sleeve jersey is included with Half-Marathon entries that are received **no later than** August 10th. In addition to the above deadline for a Half Marathon jersey, the following deadlines for all entries including the 5K will be followed:

- Active.com registration will end midnight on Friday, September 8th.
- Mailed pre-registration needs to be postmarked no later than Tuesday, September 5th and received no later than Friday, September 8th.
- Day Of Registration will be held, but the fee for the Half Marathon will increase by \$10, the 5K fee will remain the same.

AWARDS AND CONTACT

Awards are three deep in 8 age divisions for male/female runners and the first three male & three female walkers. For more information call Wayne Davis (805)735-7177, e-mail: alhwed@msn.com.



Click here to download and print a mail-in entry form

Click here to register online through Active.com

