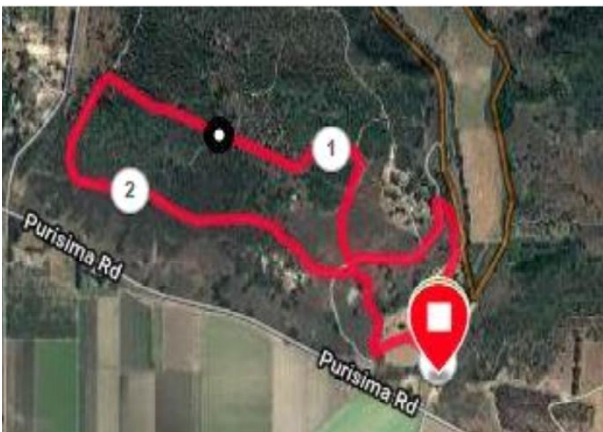


# MISSION TRAILS 5K RUN/WALK

SEPTEMBER 22, 2018 / 9:00 AM

LA PURISIMA MISSION STATE HISTORIC PARK, 2295 PURISIMA RD, LOMPOC, CA 93436



Are you tough enough?

Do you want to see a different side of La Purisima Mission State Historic Park?

Do you want to run on the original El Camino Real which takes you past the Mission's corrals and shops and quarters buildings?

Do you want to run on a course that takes place entirely within La Purisima Mission State Historic Park - which includes a dirt road, asphalt, sand, and a very challenging sandy hill. There will be approximately 184

feet of elevation gain and loss. Then this may be a 5K challenge that is calling you.

Because of the nature of the course, there will be no aid stations. Participants may want to bring their own water.

Mail-in registration form is on <http://members.impulse.net/~lvdc/> and on-line through Active.com at <https://www.active.com/lompoc-ca/running/distance-running-races/mission-trail-5k-run-walk-2018> closes on Sept 14. T-shirt and size guaranteed by Sept 1. After that date, T-shirt availability and/or size cannot be guaranteed. Race day registration and bib/T-shirt pick up starts at 8:00 AM at the Visitor's Center. Entry fee is \$30.

Each finisher will be treated to post-race goodies and refreshments.

Each finisher will receive a finisher's medallion. There will be unique male and female overall finisher's awards as well as awards in 8 different age groups, two deep. All awards for this event have been crafted by Mission docents.

Don't want to run or walk? We need volunteers. If you want to help, contact Wayne Davis at 1-805-735-7177 or e-mail him at [alhwed@msn.com](mailto:alhwed@msn.com).

**Proceeds from this event benefit the Nancy Perry Memorial Scholarship Fund. See you there!**